

MINISTRY & DEPRESSION

NOVEMBER 2, 2017

REGISTRATION

There is no cost for this workshop.

If you are registered and discover you are unable to attend, please let us know.

Name:

Church/Agency/Organization:

Address:

Phone number:

Email:

Send registration to:

Baptist Hospital
Pastoral Services
P.O. Box 17500
Pensacola, FL 32522

or

rward@bhcpns.org

If you have questions, please call:

Ruth Ward - [850.469.2363](tel:850.469.2363)



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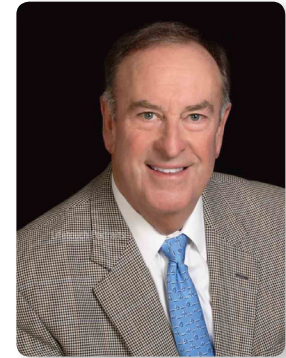
BAPTIST HOSPITAL
DEPARTMENT OF PASTORAL SERVICES



PRESENT

MINISTRY & DEPRESSION

A WORKSHOP FOR COMMUNITY CLERGY



Donald W. Winslett, Ed.D., Director
The Center for Clergy Care & Education

Thurs., Nov. 2, 2017
8 a.m. - 2:30 p.m.

Christ Episcopal Church
Parish Hall

18 West Wright St.
Pensacola, FL 32501



MINISTRY & DEPRESSION

The language of psychology can be both confusing and frightening. Every day, I hear people talk about their depression, a loved one's depression or a parishioner's depression. If a conversation follows, what is revealed is not always depression, rather a great amount of anger or sadness or fear or a combination of the three emotions. Or, it could be grief.

Depressive disorders may be the most common complaint for clergy (and their parishioners). Many studies comparing clergy to laypeople reveal that clergy carry twice the amount of depression, anxiety, diabetes and other mental and physical issues compared to the laypeople they serve.

This conference is designed to help you – the pastor. It will allow the opportunity for increased self-awareness and to translate that self-awareness into improved health for you, your family and those you serve.

The Beck Depression Inventory (BDI) will be available throughout the day for you to complete. The BDI is a simple, easy-to-use profile that you can self-score and take home with you.

As always, there is no cost for this conference. If you register and find you are unable to later attend, please contact Ruth Ward or me and let us know that your plans have changed.

I look forward to seeing you at Christ Episcopal Church – Parish Hall on Thurs., Nov. 2, 2017.

Grace and peace,
Don

SCHEDULE FOR WORKSHOP

8 a.m.	Welcome and Registration
8:30 a.m.	Understanding Depression
10 a.m.	Break
10:15 a.m.	Anger, Sadness, Fear or Grief – Not Depression
11:30 a.m.	Lunch
12:15 p.m.	Treatment for Depression
1:15 p.m.	Break
1:30 p.m.	Live Demonstration
2:30 p.m.	Conclude

This workshop has been approved for **Methodist Pastors in the Alabama-West Florida Conference** to receive .5 Continuing Education Credits (CEUs).

This workshop has been approved for **Episcopal Priests in the Episcopal Diocese of the Central Gulf Coast** to receive CEUs for 6 contact hours.

Psychologists, SWs, MHCs and FMTs: Approved for 5 contact hour credits by Baptist Hospital #50-183.

Certificates of completion will be available to participants at the end of the conference. If your faith group needs further documentation regarding CEUs, please talk with Dr. Winslett.

CENTER FOR CLERGY CARE & EDUCATION

Dating back to 2008, this workshop is the 19th event for clergy, spanning over nine years. The Center for Clergy Care and Education, with the generous support of Baptist Hospital Department of Pastoral Services, has never requested a fee for these conferences. If you or your congregation would like to make a gift to the Center for Clergy Care & Education, please speak with Don Winslett.

You can read more about the Center at CenterForClergyCare.com.

BAPTIST HOSPITAL PASTORAL SERVICES & CPE

Clinical Pastoral Education (CPE) is professional education for ministry that brings students into supervised encounters with “living human documents” to develop their pastoral identity, interpersonal competence and ministry development.

Ministry with people and learning from that ministry through reflection, discussion and evaluation with other students and the supervisor is the very heart of CPE.

Learning Objectives: At the end of the workshop the participant will be able to:

1. Identify symptoms associated with a diagnosis of a depressive disorder.
2. Identify emotions that can be disguised and act like depressive disorders.
3. Identify treatment options for a depressive disorder.